

## COPY SENTENCES. CORRECT THE COMMAS.

1. As a teenager the story goes Charles Atlas was inspired by museum statues of Greek gods to take up bodybuilding. **2**
2. In 1929, he launched a self-named company to promote his fitness program. **1**

*A comma is recommended after any introductory prepositional phrase of **more than four** words—unless it is necessary to clarify and prevent confusion.*

3. Eventually the company attracted more than 3 million students largely through magazine and comic-book ads like the one here. **1**
4. The narrative, cartoons were the bait. **1**
5. They told a story of a “97-pound weakling”, (Atlas coined the label) who endures bullying decides he’s had enough and through the Atlas program, becomes a “real man.” **4**

## PROMPT:

In a well-written essay, develop your position on Charles Atlas’ assertion defining masculinity. Use appropriate evidence from your reading, experience, or observations to support your argument.

# THE INSULT THAT MADE A MAN OUT OF "MAC"



HEY! QUIT KICKING THAT SAND IN OUR FACES!

THAT MAN IS THE WORST NUISANCE ON THE BEACH



LISTEN HERE, I'D SMASH YOUR FACE... ONLY YOU'RE SO SKINNY YOU MIGHT DRY UP AND BLOW AWAY.



THE BIG BULLY! I'LL GET EVEN SOME DAY

OH DON'T LET IT BOTHER YOU, LITTLE BOY!

Awarded the title of "The World's Most Perfectly Developed Man."

*Charles Atlas*



CHARLES ATLAS ON TV



WIN THIS VALUABLE TROPHY



5 FREE GIFTS

If you act now, in addition to my complete course, you will also get these five valuable outline courses.

- DEEP BREATH EXERCISES
- STRENGTHENING EXERCISES
- TRADE OF KNOWLEDGE
- HEALTHY BALANCE



DARN IT! I'M SICK AND TIRED OF BEING A SCARECROW! CHARLES ATLAS SAYS HE CAN GIVE ME A REAL BODY, ALL RIGHT! I'LL GAMBLE A STAMP AND GET HIS FREE BOOK!



BOY! IT DIDN'T TAKE ATLAS LONG TO DO THIS FOR ME! WHAT MUSCLES! THAT BULLY WON'T SHOVE ME AROUND AGAIN!

LATER



WHAT! YOU HERE AGAIN? HERE'S SOMETHING I OWE YOU!



OH, MAC! YOU ARE A REAL MAN AFTER ALL!

HERO OF THE BEACH

GOSH! WHAT A BUILD HE'S ALREADY FAMOUS FOR IT!

## Let Me PROVE I Can Make YOU A NEW MAN!

ARE you "fed up" with seeing the huskies walk off with the best of everything? Sick and tired of being soft, frail, skinny or flabby — only HALF ALIVE? I know just how you feel. Because I myself was once a puny 97-pound "runt." And I was so ashamed of my scrawny frame that I dreaded being seen in a swim suit.

**The Secret of How I Got My Build**  
Then I discovered a wonderful way to develop my body fast. It worked wonders for me — changed me from the scrawny "runt" I was at 17, into "The World's Most Perfectly Developed Man." And I can build up YOUR body the very same natural way — without weights, springs or pulleys. Only 15 minutes a day of pleasant practice — in the privacy of your room.  
My "Dynamic-Tension" method has already helped thousands of other fellows become real he-men in double-

quick time. Let it help YOU. Not next month or next year — but Right NOW!

### "Dynamic-Tension" Builds Muscles FAST!

If you're like I was, you want a powerful, muscular, well-proportioned build you can be proud of any time, anywhere. You want the "Greek-God" type of physique that women rave about at the beach — the kind that makes other fellows green with envy.

### Mail Coupon Now for My 32-Page Illustrated Book

Mailing the coupon can be the turning point in your life. I'll send you a copy of my 32-page illustrated book, "How Dynamic-Tension Makes You a NEW MAN." Tells how and why my method works; shows many pictures proving what it has done for others. Don't delay. Mail coupon NOW. CHARLES ATLAS, Dept. R325 49W 23rd St., New York, N.Y. 10010

CHARLES ATLAS, Dept. R325  
49W. 23rd St., New York, N.Y. 10010  
*Dear Charles Atlas: Here's the kind of Body I Want*

(Check as many as you like)

<input type="checkbox"/> Broader Chest and Shoulders	<input type="checkbox"/> More Energy and Stamina
<input type="checkbox"/> Ironhard Stomach Muscles	<input type="checkbox"/> More Magnetic Personality
<input type="checkbox"/> Toned Legs	<input type="checkbox"/> More Weight — Built — In the Right Places
<input type="checkbox"/> Slimmer Waist and Legs	

I enclose 10c. Please send me a copy of your famous book showing how "Dynamic-Tension" can make me a new man. 32 Pages, crammed with photographs, answers to vital health questions, and valuable advice. This does not obligate me in any way.

Print Name.....Age.....  
Address.....  
City & State.....Zip.....  
In England: Charles Atlas, 32 Poland St., London, W.1